

5A11_Ng Wing Ki_ Speech

Good afternoon, Principal, teachers and schoolmates,

I am Natalie Ng from class 5A. Today, I'd like to talk about life priorities. Life is short and time is limited, we have to cherish every moment and all opportunities we get. However, there must be something in our life that we've done wrong. These wrong decisions bring us regrets or repentances. For sure, lives are never impeccable and the only thing we can do is to live our life without regrets. How can we do that? I think making choices about what to prioritize in life is one of the best answers to this question. Everyone gets different life priorities, and I'm going to share mine.

My family ranks first in my priority. I know it's cliché but I really think it should come first. They have the closest relationship with me. As having such relation, we should always consider giving our family the top priority. Since your parents are the ones who brought you up and they have been taking care of you from childhood to teenage and until you reach adulthood. They taught you how to walk and let you fall. They taught you important moral lessons, to be courteous and act decently. Not only your parents, your brothers and sisters also play imperative roles in your life. They are the ones who grow up with you. The care and comfort given to you when you are distraught are precious. The most important is that they all love you unconditionally. So, we have to be gratified and love them in return. This is why I put them at the top of my priority list. I want to spend the longest time in my life to requite their love, their care; to treasure the time being spent with them and to support them when they are having hard times.

The second important thing in my life is health. It's a basic requirement in our life because you won't even have your life if you don't have a healthy body. You can't achieve any other aspects of life if you're sick. For example, if you're sick, you can't meet your friends in order to maintain your relationships with them. You can't work in the office because you're tired fighting with viruses in your body and scared of infecting your colleagues. These examples show that having an unhealthy body or mind prompts fluctuation in different aspects in our life. It causes loss in relationships, development and financial aspects. So we have to nurture habits that make us become healthy like having a healthy diet, cultivating regular exercising habit and having ways to release your stress

and anxiety.

Certainly, there are many other choices in life for us to prioritize, for instance, entertainment, money and achievements. But I would always choose family and health because we won't rejoice without our family and we can't be alive without health. These are the most important and basic things in my life. I would like to finish by restating the point that having and following your life priorities may not bring you an enviable and perfect life, but you can always live your own life without regrets. So let's figure out what the most important things in your life are! Thank you.