

## **The most legendary woman**

Helen Adams Keller, an American author, disability rights and political activist, is the most unfortunate but successful person I have ever known.

Helen was born in West Tuscumbia, Alabama. Sadly, she lost her sight and hearing after a bout of illness at the age of 19 months. Determined to communicate with others as conventionally as possible, Helen learned to speak and “hear” people’s speeches using the Tadoma method, which means using her fingers to feel the lips and throat of the speakers. After an education of both specialist and mainstream schools, Helen attended Radcliffe College of Harvard University and became the first deafblind person to earn a Bachelor of Arts degree.

Besides, Helen was also a prolific author, writing 14 books and making hundreds of speeches and essays on wide range of topics. Ranging from animal to politics, like Mahatma Gandhi, who led the successful campaign for India's independence from British rule. Moreover, Helen was a world-famous speaker. She was an advocate for people with disabilities, amid numerous other causes. She traveled to twenty-five different countries giving motivational speeches about deaf people's conditions.

Furthermore, Helen was active in political social activities. She was a member of the Socialist Party of America and founding member of the American Civil Liberties Union, which campaigned for those with disabilities, for women's suffrage, labour rights and

world peace. Also, she established the Helen Keller International organization. This organization is devoted to research in vision, health and nutrition and to save the sight and lives of the most vulnerable and disadvantaged.

Although Helen was disabled, she was determined to overcome the physical limitations. She was a brilliant writer and speaker. She was also ambitious to take part in political and social activities. After you know about this woman, are you inspired and decide to make good use of your intact body?