

Q2 You have recently participated in a meaningful voluntary activity. Write a diary entry describing the details of your unforgettable experience; how you felt; and your reflection (including what you have learned).

10th January, 2022 (Sunny)

Dear Diary,

Oh, Diary! Do you know where I visited today? Yes! It was an elderly home. It was even more fun than going to theme parks! Let me tell you what I did today. It was really unforgettable!



When my classmates and I got into the elderly home, the elderly all smiled with excitement. First, we played games with the elderly. We played some classic games such as ‘Simon says’. Some of us joined the game. At first, I thought the elderly wouldn’t play the game too well, but it wasn’t! The elderly could clearly distinguish which part of their body should move. One of them even said that our questions were too easy! Although I didn’t win, we had a lot of fun! I was also astonished by their amazing sensitivity!

In addition, we danced and sang to the elderly. Since Chinese New Year is coming, we sang some songs about Chinese New Year. Also, we sang some children’s song to recall their memory. The elderly really enjoyed our show. One of them even stood up and danced with us! Our classmates were funny too! One of us danced weirdly to attract the elderly. I felt joyful when I saw the elderly smile delightfully.

At last, we gave some secret presents to the elderly. The elderly needed to choose a mystery box without knowing what was inside. Sounds exciting, right? The elderly smiled with gratefulness when they received the gifts. I really admired them for not judging the presents even though they didn’t get the things they want. At last, when we left the elderly home, the elderly stood outside the elderly home to say goodbye to us. I could feel their passion and happiness.

Today was really unforgettable! Not only could I have fun with the elderly, I also learnt something from them! I used to judge the things I don’t like and was never enthusiastic about anything. But after I met the elderly, I decided to be thankful and grateful about the things I have. I must be more optimistic. Diary, I was also surprised that they were still healthy in their old age! I think I should eat less fries from now on. I hope I can have more chances to visit elderly homes!

It’s time to sleep. See you later!

Cheers,

Joshua