

You have recently attended a workshop on Lifelong Learning and find it very inspirational.

Write a blog entry on the class Padlet, talking about the importance of lifelong learning to students and the two useful tips you have learnt in the workshop to motivate oneself to learn.

Write about 250 words and remember to give your blog entry an interesting title.

Learning from 1-100 years old

by Chris Wong

Wonder why I haven't been updating the blog for a while? Here's why. I have recently attended a workshop on Lifelong Learning and find it very inspirational. Let me tell you guys more about Lifelong Learning.

In Hong Kong, it is a must for students to learn since they are in primary school. And then learn more and more in secondary and university. But what is Lifelong Learning? It is a form of self-initiated education which is focused on personal development. Which means that you keep learning after you graduate from the university and learning other things from your work. You can always see that the elderly go to the church to listen to the words from Jesus, this is also Lifelong Learning.

Lifelong Learning is very important to students. It can enhance students' social inclusion, active citizenship and individual development. When students are working in society, they can show tolerance if there is something unsatisfactory. They can also be more outstanding among other people who don't have Lifelong Learning. What's more, Lifelong Learning can increase the competitiveness and employability of the students. So, they can be remarkable.

Here are two tips that I've learnt from the workshop of how to motivate yourself to learn. They will be useful for your learning.

The first tip is to communicate to others in any difficulties and what you intend to do. When you are learning, you have to engage with the process and identify the important tasks. It can promote your learning efficiency if you can distinguish which tasks are more important, which tasks are less important. Also, you have to be committed to immediate goals. For example, you are a student now, you only have to focus on your study and achieve your goals about learning. If you are stuck in any difficulties, you can find out other people's points of view and tips, sometimes you will be suddenly enlightened.

The second tip is to take a time limited approach, in which you schedule your tasks. Before you start your learning, you can ask yourself a question, 'How many tasks can I do in the limited hours?' After you set your goal, you can find that you do more tasks than before. But there is one thing you should remember. Don't get easily overwhelmed by the volume of learning. So, when you are setting your goal, don't set it too high. After you can handle it, you can raise your goal slowly.

Lifelong learning is very important for all of us. If you can succeed, you will become a remarkable person. But before that, you have to motivate yourself to learn. Communicating with others, finding out what you intend to do and set a time limited for yourself are important. With great effort, we can be successful in learning.

So, if you want to start having Lifelong Learning, consider these two tips. Have you any useful tips to motivate learning? Leave a comment below and share!