

The purpose of social media is to keep people connected and maintain interaction while they are apart. Engaging in various forms of social media has become a daily activity for most children and adolescents. However, as many of them are keeping their heads on their mobile phones and the computer screen more than talking face to face, they are neglecting rudimentary social skills. As a secondary school student, write an essay to be presented to your classmates. Explain this phenomenon and discuss the negative impacts on teenagers' social skills. You should write about 250 words.

Negative impact of using social media

Have you ever used social media to communicate with others? According to Hong Kong Government, more than 80% teenagers in Hong Kong have a habit of using social media. Nowadays, the internet has become an important part of our daily life. However, it makes many teenagers neglect rudimentary social skills. In this essay, I will argue for this phenomenon and discuss the negative impacts on teenagers' social skills.

To begin with, on social media, we can view a lot of glamorous lives shared by many people. However, are they real? As many teenagers like to compare themselves with others, they may feel stressed and insecure about life and appearance. Consequently, they will think that they should imitate and waste their time and money to make themselves look glamorous.

Besides making them lose confidence, keeping their heads on their mobile phones and computer screen can affect their social contact seriously. According to Teenager Association, more than 60% of Hong Kong teenagers chose to use social media, instead of talking to others face to face. In the long term, the Internet might lead to fewer chances of making friends.

Another important social skill is to observe others' feelings. Many teenagers only focus on their mobile phone while communicating with others. Thus, they cannot observe others' feelings. Furthermore, this action can break their relationship gradually.

In conclusion, I firmly believe that continuing to use social media will make people neglect their sociality. Although using social media has become a main activity of ours, we still need to pay attention to our real life. Don't forget that 'If you talk more with others face-to-face, you'll have more friends.'